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Ashley

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LET'S TALK ABOUT BEHAVIOR

Game Objective:

*Be the first to get rid of all the cards in your hand. Answer all the discussion questions on your cards.

Materials:

*Print card deck either double sided, or laminate them so they are back to back with one side of the card being "Let's Talk about Behavior" and the other side being a discussion question. I recommend laminating either way so the deck lasts longer.

Game Instructions:

*Play this game as you would play UNO, except students must answer the discussion question on their card to play the card.

*Choose a dealer and shuffle the cards. Deal 7 cards to each player. Place the remaining cards face down in the center of the table. This is the draw pile. Flip over the top card on the draw pile, place it face up to form the discard pile. (If this card is an action card, ignore it and flip over to the next card). The player to the left of the dealer goes first and proceed clockwise.

*On your turn, you try to get rid of your cards by playing one card onto the discard pile.

****If you have a matching card in your hand,*** you may play it on the discard pile. (You can only play a card if it matched at least one attribute of the top card on the discard pile: its color, number, or symbol. If the card you played is an action card, it does something special (see action cards below). You must answer to question on the card that you play.

****If you do NOT have a matching card,*** draw one card from the draw pile. (If your new card can be played, then you play it now. You may choose to draw a card instead of playing one, even if you have a playable card in your hand.

*The moment you have only one card in your hand, you must yell UNO to alert the other players you are about to win. If someone beats you to it and calls UNO before you, then you must draw two cards.

*When a player plays their final card, they WIN!

*Action cards:

*Draw Two card: When played, the next player must draw two cards and lose their turn.

*Skip card: When played, the next player loses their turn.

*Reverse card: When played, the direction of play is reversed.

*Wild card: This card matches anything so you can play it no matter what card is on the discard pile. When you play a Wild card, you also get to choose the color that continues play.

*Wild Draw Four card: This card matches anything so you can play it no matter what card is on the discard pile. The next player draws four cards and loses their turn. You also get to choose the color that continues play.

ASCA Standards Alignment:

*Mindset: A positive attitude toward work and learning. (M 3)

*Behavior: Self-Management: Responsibility for self and actions (B-SMS 1)

*Behavior: Self-Management: Self-discipline and self-control (B-SMS 2)

*Behavior: Social skills: Social maturity and behavior appropriate to the situation and environment (B-SS 9)

SEL Competencies:

*Self-Management: Self-discipline, impulse control, stress management, self-motivation.

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**WHAT DOES IT
MEAN TO BE A
GOOD STUDENT?**

... **BEHAVIOR** ...

2



**HOW CAN YOU
SHOW
RESPONSIBILITY
AT HOME OR
SCHOOL?**

... **BEHAVIOR** ...

3



**HOW CAN YOU
SHOW POSITIVE
BEHAVIOR ON
THE SCHOOL
BUS?**

... **BEHAVIOR** ...

4



**WHY IS IT
IMPORTANT TO
THINK BEFORE
YOU SPEAK OR
ACT?**

... **BEHAVIOR** ...

5



**WHAT DOES IT
LOOK LIKE WHEN
EVERYONE
FOLLOWS THE
RULES?**

... **BEHAVIOR** ...

6



**HOW DO YOU SHOW
THAT YOU'RE
READY TO LEARN
AT THE BEGINNING
OF THE DAY?**

... **BEHAVIOR** ...

7



**HOW CAN YOU
SHOW POSITIVE
BEHAVIOR IN THE
SCHOOL
BATHROOM?**

... **BEHAVIOR** ...

8



**HOW CAN YOU
SHOW POSITIVE
BEHAVIOR DURING
A SCHOOL
ASSEMBLY?**

... **BEHAVIOR** ...

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**WHY IS IT
IMPORTANT TO
FOLLOW
SCHOOL RULES?**

... **BEHAVIOR** ...

10



**WHAT CAN YOU
DO IF YOU'RE
DISTRACTED BY
OTHER STUDENTS?**

... **BEHAVIOR** ...

Draw Two



**HOW CAN YOU
HELP YOUR
TEACHER DURING
CLASS?**

... **BEHAVIOR** ...

Reverse



**WHAT SHOULD
YOU DO IF YOU
MAKE A MISTAKE
IN CLASS?**

... **BEHAVIOR** ...

Skip



**HOW CAN YOU
MAKE SURE YOU
USE YOUR TIME
WISELY AT
SCHOOL?**

... **BEHAVIOR** ...

Skip



**HOW DO YOU
TREAT OTHERS
WITH RESPECT
DURING GROUP
WORK?**

... **BEHAVIOR** ...

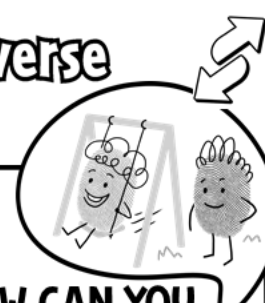
Draw Two



**WHAT DOES IT
MEAN TO RESPECT
OTHER PEOPLE'S
SPACE AND
BELONGINGS?**

... **BEHAVIOR** ...

Reverse



**HOW CAN YOU
SHOW POSITIVE
BEHAVIOR AT
RECESS?**

... **BEHAVIOR** ...

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**HOW CAN YOU
STAY CALM WHEN
YOU'RE FACED
WITH A DIFFICULT
PROBLEM?**

... **BEHAVIOR** ...

2



**WHY IS IT
IMPORTANT TO
ASK FOR HELP
WHEN YOU
NEED IT?**

... **BEHAVIOR** ...

3



**WHAT DO YOU
DO IF SOMEONE
SAYS SOMETHING
UNKIND TO YOU?**

... **BEHAVIOR** ...

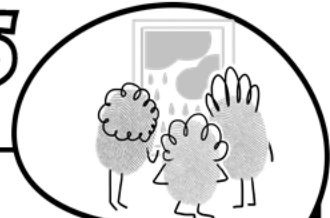
4



**HOW CAN YOU
ASK FOR HELP
POLITELY WHEN YOU
DON'T UNDERSTAND
SOMETHING?**

... **BEHAVIOR** ...

5



**HOW CAN YOU
SHOW POSITIVE
BEHAVIOR
DURING INDOOR
RECESS?**

... **BEHAVIOR** ...

6



**HOW DO YOU
SHOW RESPECT FOR
YOUR TEACHER'S
TIME AND
INSTRUCTIONS?**

... **BEHAVIOR** ...

7



**WHAT DOES IT
MEAN TO TAKE
INITIATIVE IN
YOUR
SCHOOLWORK?**

... **BEHAVIOR** ...

8



**HOW CAN
YOU HELP
OUT AT HOME
WITHOUT
BEING ASKED?**

... **BEHAVIOR** ...

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**HOW CAN YOU
BE A LEADER IN
THE
CLASSROOM?**

... **BEHAVIOR** ...

10



**HOW CAN YOU
HELP CREATE A
POSITIVE
ENVIRONMENT IN
THE CLASSROOM?**

... **BEHAVIOR** ...

9



**HOW DO YOU
STAY FOCUSED
ON YOUR
SCHOOLWORK?**

... **BEHAVIOR** ...

10



**WHAT SHOULD YOU
DO WHEN YOU'RE
TEMPTED TO DO
SOMETHING YOU
KNOW IS WRONG?**

... **BEHAVIOR** ...

9



**HOW CAN YOU
MAKE SURE YOU
STAY ON TASK
DURING CLASS?**

... **BEHAVIOR** ...

10



**WHAT DOES IT
MEAN TO
CONTROL YOUR
EMOTIONS WHEN
YOU'RE UPSET?**

... **BEHAVIOR** ...

9



**HOW DO YOU
TREAT OTHERS
THE WAY YOU
WANT TO BE
TREATED?**

... **BEHAVIOR** ...

10



**HOW DO YOU
SHOW KINDNESS
TO YOUR
CLASSMATES?**

... **BEHAVIOR** ...

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**WHAT DOES
ACTIVE LISTENING
LOOK LIKE IN THE
CLASSROOM?**

... **BEHAVIOR** ...

2



**HOW DO YOU
TAKE
RESPONSIBILITY
FOR YOUR OWN
ACTIONS?**

... **BEHAVIOR** ...

3



**WHY IS
WAITING TILL THE
LAST MINUTE TO
DO SOMETHING A
BAD IDEA?**

... **BEHAVIOR** ...

4



**HOW CAN YOU
SHOW POSITIVE
BEHAVIOR IN THE
CAFETERIA?**

... **BEHAVIOR** ...

5



**WHAT SHOULD
YOU DO IF YOU
ACCIDENTALLY
BREAK SOMETHING
IN CLASS?**

... **BEHAVIOR** ...

6



**HOW CAN YOU
SHOW
RESPONSIBILITY IN
TAKING CARE OF
CLASSROOM
SUPPLIES?**

... **BEHAVIOR** ...

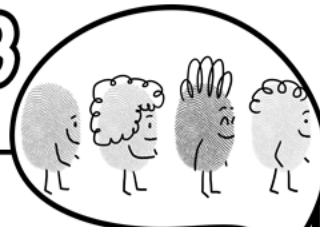
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**HOW CAN
YOU HELP KEEP
THE CLASSROOM
NEAT AND
ORGANIZED?**

... **BEHAVIOR** ...

8



**HOW CAN YOU
SHOW POSITIVE
BEHAVIOR IN THE
SCHOOL
HALLWAY?**

... **BEHAVIOR** ...

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**HOW CAN YOU
TAKE CARE OF
YOUR PERSONAL
BELONGINGS AT
SCHOOL?**

... **BEHAVIOR** ...

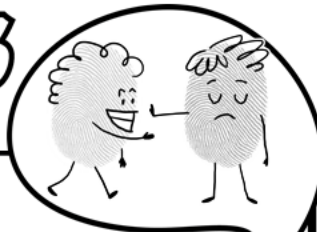
2



**WHY IS IT
IMPORTANT TO
BE FLEXIBLE
WHEN WORKING
WITH OTHERS?**

... **BEHAVIOR** ...

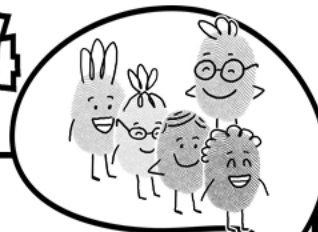
3



**WHAT CAN
YOU DO IF YOU
HAVE A
DISAGREEMENT WITH
A CLASSMATE?**

... **BEHAVIOR** ...

4



**WHY IS IT
IMPORTANT TO
WAIT YOUR
TURN?**

... **BEHAVIOR** ...

5



**HOW DO YOU
SOLVE PROBLEMS
WITH OTHERS IN A
POSITIVE WAY?**

... **BEHAVIOR** ...

6



**WHAT CAN YOU
SAY TO SOMEONE
WHO IS UPSET
WITH YOU?**

... **BEHAVIOR** ...

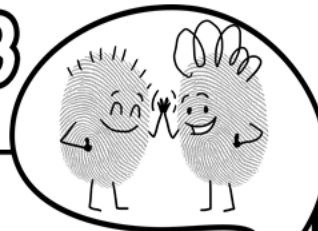
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**HOW DO YOU
MAKE THINGS RIGHT
AFTER YOU'VE
HURT SOMEONE'S
FEELINGS?**

... **BEHAVIOR** ...

8



**HOW CAN YOU
PREVENT A SMALL
PROBLEM FROM
BECOMING A BIG
CONFLICT?**

... **BEHAVIOR** ...

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WHAT SHOULD YOU DO IF YOU FEEL FRUSTRATED DURING CLASS?

... BEHAVIOR ...

10



HOW DO YOU HANDLE IT WHEN YOU AND A CLASSMATE WANT TO DO DIFFERENT THINGS?

... BEHAVIOR ...

Draw Two



HOW DO YOU STAY CALM DURING A DIFFICULT SITUATION AT SCHOOL?

... BEHAVIOR ...

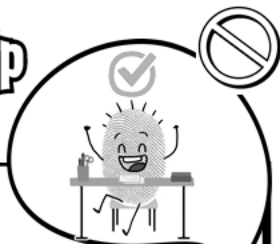
Reverse



HOW CAN YOU SHOW THAT YOU RESPECT SOMEONE'S OPINION, EVEN IF YOU DISAGREE?

... BEHAVIOR ...

Skip



WHAT DO YOU DO TO STAY MOTIVATED WHEN SOMETHING IS HARD?

... BEHAVIOR ...

Skip



HOW DO YOU STAY POSITIVE WHEN SOMETHING DOESN'T GO THE WAY YOU WANT?

... BEHAVIOR ...

Draw Two



HOW DO YOU FEEL WHEN SOMETHING DOESN'T SEEM FAIR TO YOU?

... BEHAVIOR ...

Reverse



WHAT SHOULD YOU DO WHEN YOU DON'T FEEL LIKE DOING YOUR HOMEWORK?

... BEHAVIOR ...

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**HOW DO YOU
KEEP GOING
WHEN YOU FEEL
LIKE GIVING UP?**

... **BEHAVIOR** ...

2



**WHAT DOES IT
MEAN TO
COOPERATE WITH
OTHERS?**

... **BEHAVIOR** ...

3



**HOW CAN YOU
WORK TOGETHER
WHEN YOUR
GROUP HAS
DIFFERENT IDEAS?**

... **BEHAVIOR** ...

4



**HOW DO YOU
HANDLE IT WHEN
SOMEONE GETS
SOMETHING THAT
YOU WANT?**

... **BEHAVIOR** ...

5



**HOW CAN YOU
HELP MAKE SURE
THAT EVERYONE
FEELS INCLUDED?**

... **BEHAVIOR** ...

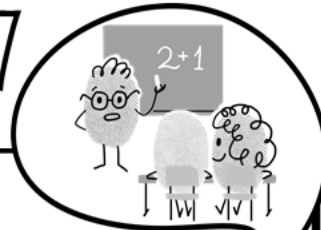
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**HOW DO YOU
REACT WHEN YOU
SEE SOMEONE
BEING TREATED
UNFAIRLY?**

... **BEHAVIOR** ...

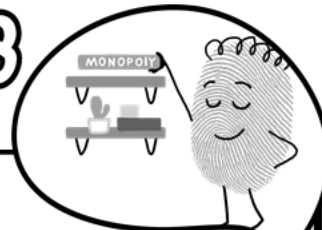
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**HOW CAN YOU
SHOW POSITIVE
BEHAVIOR IN THE
CLASSROOM?**

... **BEHAVIOR** ...

8



**HOW CAN
YOU SHOW
POSITIVE
BEHAVIOR AT
HOME?**

... **BEHAVIOR** ...

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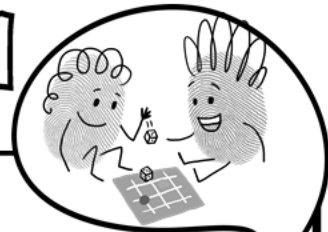
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**HOW DO YOU
MAKE SURE YOU
FOLLOW THE RULES
DURING A GAME
OR ACTIVITY?**

... **BEHAVIOR** ...

2



**WHY IS IT
IMPORTANT TO
BELIEVE IN
YOURSELF?**

... **BEHAVIOR** ...

3



**WHAT DOES IT
MEAN TO TAKE
RESPONSIBILITY
FOR YOUR OWN
LEARNING?**

... **BEHAVIOR** ...

4



**HOW DO YOU
SHOW SOMEONE
THAT YOU CARE
ABOUT THEIR
FEELINGS?**

... **BEHAVIOR** ...

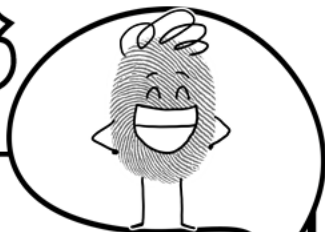
5



**HOW DO YOU
FEEL WHEN YOU
SEE SOMEONE
GET HURT?**

... **BEHAVIOR** ...

6



**HOW CAN
YOU TURN
MISTAKES INTO
LEARNING
OPPORTUNITIES?**

... **BEHAVIOR** ...

7



**HOW DO YOU
HANDLE IT WHEN
YOU HAVE AN
ARGUMENT WITH
A FRIEND?**

... **BEHAVIOR** ...

8



**WHAT CAN YOU
DO IF SOMEONE IS
BEING MEAN TO
YOU ON THE
PLAYGROUND?**

... **BEHAVIOR** ...

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HOW DO YOU
FIX THINGS WHEN
YOU AND A
FRIEND HAVE A
DISAGREEMENT?

... BEHAVIOR ...

10



HOW DO YOU
CALM YOURSELF
DOWN WHEN
YOU'RE UPSET
DURING AN
ARGUMENT?

... BEHAVIOR ...

Draw Two



WHAT DO YOU DO
IF YOU START A
TASK BUT FEEL
OVERWHELMED?

... BEHAVIOR ...

Reverse



WHAT IS THE
BEST WAY TO TALK
TO SOMEONE WHO
HAS HURT YOUR
FEELINGS?

... BEHAVIOR ...

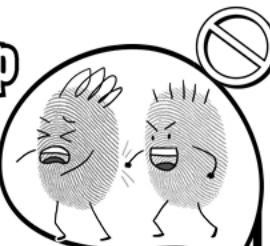
Skip



HOW CAN YOU
SHOW POSITIVE
BEHAVIOR OUT
IN THE
COMMUNITY?

... BEHAVIOR ...

Skip



WHAT DO YOU DO
WHEN SOMEONE IS
BOTHERING YOU
AT SCHOOL?

... BEHAVIOR ...

Draw Two



HOW CAN YOU
APOLOGIZE WHEN
YOU'VE HURT
SOMEONE'S
FEELINGS?

... BEHAVIOR ...

Reverse



HOW CAN YOU
AVOID
DISTRACTIONS
WHEN YOU NEED TO
GET THINGS DONE?

... BEHAVIOR ...

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WHAT DO YOU DO
WHEN YOU WANT TO
INTERRUPT SOMEONE
BUT KNOW YOU
SHOULD WAIT?

... **BEHAVIOR** ...

2



HOW DO YOU
HANDLE FEELING
FRUSTRATED
WHEN A TASK IS
HARD?

... **BEHAVIOR** ...

3



WHAT HELPS
YOU STAY CALM
WHEN THINGS
DON'T GO YOUR
WAY?

... **BEHAVIOR** ...

4



HOW DO YOU
TALK THINGS OUT
WHEN YOU ARE
UPSET WITH A
FRIEND?

... **BEHAVIOR** ...

5



WHAT ARE WAYS
YOU CAN
PRACTICE
PATIENCE?

... **BEHAVIOR** ...

6



HOW CAN YOU
SOLVE A PROBLEM
WITH SOMEONE
WITHOUT
FIGHTING?

... **BEHAVIOR** ...

7



WHAT DOES IT
MEAN TO WALK
AWAY FROM A
SITUATION?

... **BEHAVIOR** ...

8



WHY IS IT
IMPORTANT TO BE
HONEST ABOUT
YOUR MISTAKES?

... **BEHAVIOR** ...

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**WHAT CAN YOU
DO IF YOU
ACCIDENTALLY
BREAK
SOMETHING?**

... **BEHAVIOR** ...

2



**HOW DO YOU
FEEL WHEN
SOMEONE LIES
TO YOU?**

... **BEHAVIOR** ...

3



**HOW DO YOU
ADMIT WHEN
YOU'VE DONE
SOMETHING
WRONG?**

... **BEHAVIOR** ...

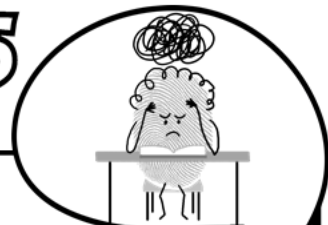
4



**HOW DO YOU
CALM DOWN WHEN
YOU FEEL UPSET
OR ANGRY DURING
CLASS?**

... **BEHAVIOR** ...

5



**WHAT CAN YOU
DO IF YOU FEEL
FRUSTRATED WHEN
YOU CAN'T SOLVE
A PROBLEM RIGHT
AWAY?**

... **BEHAVIOR** ...

6



**WHY IS IT IMPORTANT
TO KEEP YOUR
EMOTIONS UNDER
CONTROL WHEN
THINGS GO WRONG?**

... **BEHAVIOR** ...

7



**HOW DO YOU FEEL
WHEN SOMEONE
TELLS YOU THE
TRUTH, EVEN IF IT'S
HARD TO HEAR?**

... **BEHAVIOR** ...

8



**HOW DO YOU
FEEL AFTER YOU
TELL THE TRUTH,
EVEN IF IT'S
HARD?**

... **BEHAVIOR** ...

**LET'S TALK
ABOUT
BEHAVIOR**



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9



WHY IS IT
IMPORTANT TO
ALWAYS BE
HONEST WITH
YOUR FRIENDS
AND FAMILY?

... BEHAVIOR ...

10



WHAT DOES IT
LOOK LIKE TO
SHARE WITH
OTHERS?

... BEHAVIOR ...

Draw Two



HOW DO YOU
MAKE SURE
EVERYONE GETS A
TURN WHEN
PLAYING A GAME??

... BEHAVIOR ...

Reverse



WHAT DOES
IT MEAN TO BE
A TEAM
PLAYER?

... BEHAVIOR ...

Skip



WHAT DO YOU DO
WHEN YOU AND A
FRIEND WANT TO
DO DIFFERENT
THINGS?

... BEHAVIOR ...

Skip



WHY IS IT
IMPORTANT TO
KEEP YOUR DESK
OR BACKPACK
ORGANIZED?

... BEHAVIOR ...

Draw Two



WHAT DOES IT
MEAN TO BE A
GOOD ROLE
MODEL?

... BEHAVIOR ...

Reverse



HOW DO YOU
CONTROL YOUR
TEMPER WHEN
SOMETHING DOESN'T
GO YOUR WAY?

... BEHAVIOR ...

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ABOUT
BEHAVIOR**



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Wild



**HOW CAN YOU
SHOW THAT YOU
ARE LISTENING
WHEN SOMEONE IS
TALKING TO YOU?**

... **BEHAVIOR** ...

Wild



**HOW DO YOU
SAY NO TO PEER
PRESSURE?**

... **BEHAVIOR** ...

Draw Four



**WHAT ARE FOUR
THINGS THAT ARE
NOT CONSIDERED
POSITIVE BEHAVIOR?**

... **BEHAVIOR** ...

Draw Four



**WHAT ARE
FOUR WAYS TO
SHOW POSITIVE
BEHAVIOR TOWARDS
TEACHERS?**

... **BEHAVIOR** ...

Wild



**WHAT CAN YOU
DO WHEN YOU
FEEL PRESSURED
TO MISBEHAVE?**

... **BEHAVIOR** ...

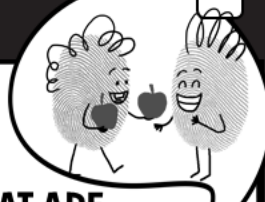
Wild



**HOW CAN
YOU IMPROVE
YOUR
BEHAVIOR?**

... **BEHAVIOR** ...

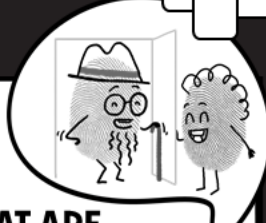
Draw Four



**WHAT ARE
FOUR WAYS TO
SHOW POSITIVE
BEHAVIOR TOWARDS
FRIENDS?**

... **BEHAVIOR** ...

Draw Four

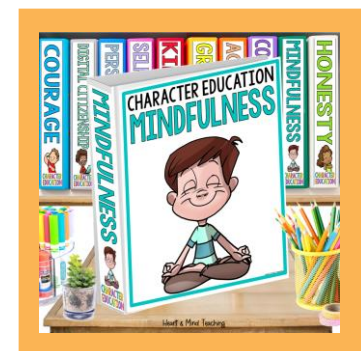
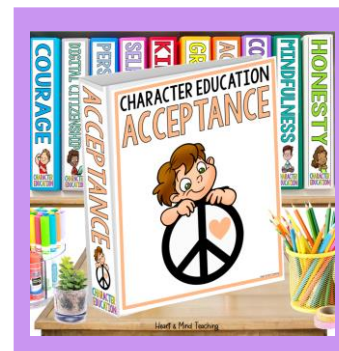
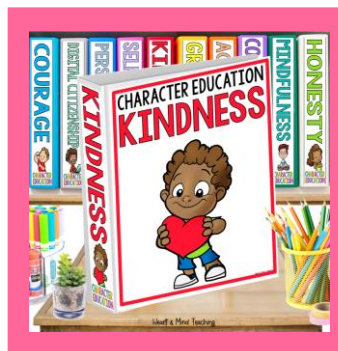
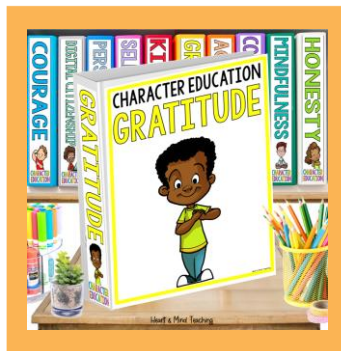
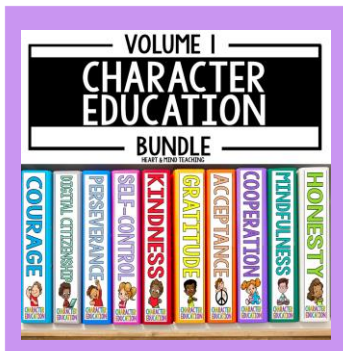
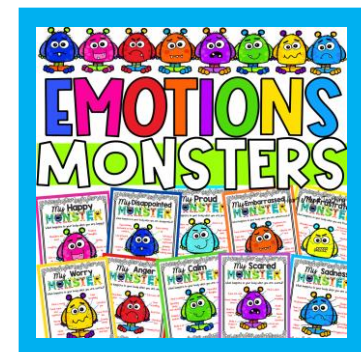
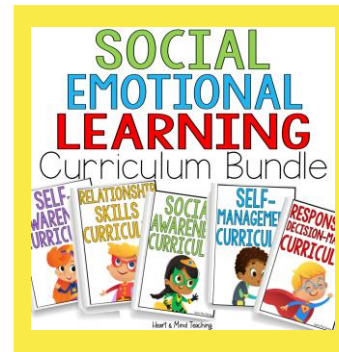
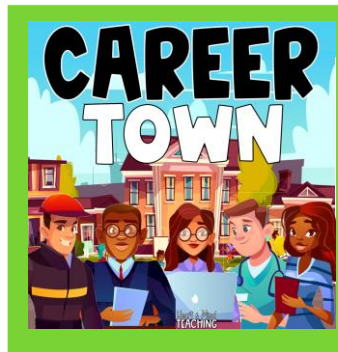
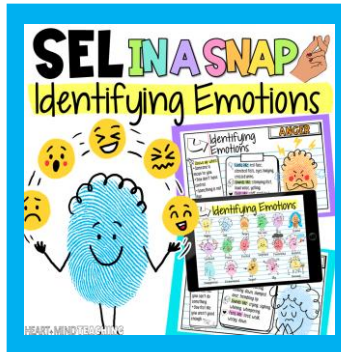
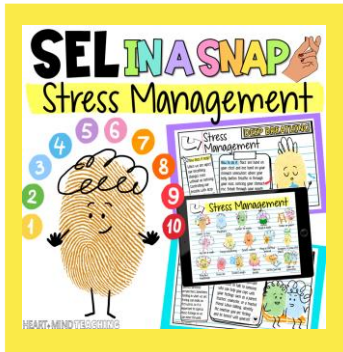


**WHAT ARE
FOUR WAYS TO
SHOW POSITIVE
BEHAVIOR TOWARDS
PARENTS & FAMILY?**

... **BEHAVIOR** ...

CHECK THESE OUT

CLICK ON THE PICTURES TO GET A CLOSER LOOK.



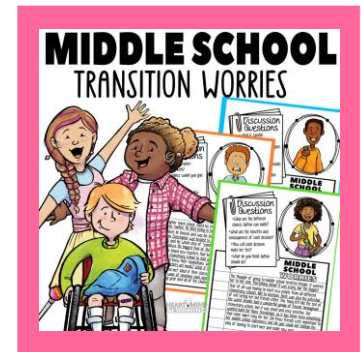
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with Laura & Ashley

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CLICK TO COLLAB

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THANK YOU

FOR SUPPORTING MY LITTLE SHOP.

Hi there! I'm Ashley- a School Counselor, curriculum developer, blogger, and mama to two young boys. I have a passion for creating fun and engaging resources for Counseling and Social Emotional Learning.

HEART+MIND
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